

## CCANA ASC Meeting Minutes

**Meeting Date:** 8/13/2023

**Host Group:** Hope Hole

**Location:** 1600 12<sup>th</sup> Street Cayce SC at 3pm

### Opening Comments/Statements:

- Elyse opened with the Serenity Prayer
- Jeremy read the Service Prayer
- Timmy read the 12 Traditions
- Aly read the 12 Concepts
- Motion was made by Chris F to accept minutes, Jeremy seconded.
- Roll was taken by Jason B.

### Welcome All New Comers:

No New Comers

### CCANA Roll Call:

#### Roll Call

Steering Committee	1 <sup>st</sup> Roll Call	2 <sup>nd</sup> Roll Call
Chair –Jason B	P	N/A
Vice Chair – Elyse	P	N/A
Secretary – Stephanie R	P	N/A
Alt Secretary – Open	N/A	N/A
Treasurer – Ashley B	P	N/A
Alt Treasurer – Open	N/A	N/A
RCM – Open	N/A	N/A
Alt RCM – Jeremy R	P	N/A

<b>Subcommittees</b>	<b>1<sup>st</sup> Roll Call</b>	<b>2<sup>nd</sup> Roll Call</b>
Activities – Open	N/A	N/A
H&I – Open	N/A	N/A
P&P – Manda	P-report being sent	N/A
Public Relations – Coleman D	P	N/A
Welcome Home – Jesse W	A with report	N/A
Lit Review – OPEN	N/A	N/A
Recovery Under Stars – Charlotte H	P	N/A
Web servant- Chris F	P	N/A

<b>Home Groups (28)</b>	<b>1<sup>st</sup> Roll Call</b>	<b>2<sup>nd</sup> Roll Call</b>
Ave Q	A	N/A
Building Recovery	P	N/A
Hope Hole	P	N/A
Ladies’ Night	P	N/A
New Noon	P	N/A
New Perspective	P	N/A
Recovery Comes First	P	N/A
Rays of Hope	P	N/A
Serenity at Sunset	P	N/A
Rainbow Group	A	N/A
Worth the Ride	A	N/A
Next Right Thing	P	N/A

## **GSR Reports**

None

## **Motions/Chairperson's Reports (See attached):**

- Motion for Policy and Procedure Voted on and passed from July minutes
- Motion in minutes to be voted on for ADHOC meeting to get bigger storage unit

## **Group Concerns:**

Elyse brought up concern regarding having a liaison between the areas-someone will reach out to see if this can be put in place

## **ASC Issues:**

None

## **Old Business:**

Brian F did not accept RCM position

## **New Business:**

Chris F voted in as web servant

Policy and procedure submitted motion to change Section 5 rule 8- see attached

Ladies night submitted motion for Ad Hoc committed for area files and storage-motion is attached-motion was passed

## **ASC Meeting report:**

- Chair report: Nothing to report
- Vice Chair Report: Nothing to report
- Secretary Report: Nothing to report
- Alt Secretary Report: Open
- Treasurer Report: Given by Ashley B.-See attached
- Alt. Treasurer Report- Open
- RCM Report: Open

## **Subcommittee Reports:**

- Activities report: Open
- Lit Review report: OPEN
- Policy and Procedure Report: Pending
- Public Relations: See Attached
- RUTS: See Attached
- Web servant: See Attached
- Welcome Home Report: See Attached

- H&I Report: Provided-Chair position still open

**Announcements:** Stephanie R celebrating years at Avenue Q September 7<sup>th</sup>

Jane celebrating 9 years at Next Right thing 8/26

Michael Y celebrating 20 years at Rays of Hope

**Final Comments:** None

**Next Meeting Host/Location/Time** – Next Right Thing 1600 12<sup>th</sup> Street Cayce SC at 3pm

Central Carolina Area of Narcotics Anonymous Motion Form

1 Motion #

Motion made on (date); 8/13/23

By the group, (name)

Ladies Night;

Presented here by representative, (name) Heather Fite

; Represented by (name) Chris Fite

Seconded by the group, (name) NBT

THE MOTION READS AS FOLLOWS:

To purchase a larger storage unit for yearly use. We currently have a 5x10, the motion is to purchase a 10x15 which would cost \$540 more a year.

INTENT:

To ~~read~~ provide more space for our area's records, & sub committee supplies.

Carried

Failed

Tabled

Amended

Open

Conscious For \_\_\_\_\_; Conscious Against \_\_\_\_\_; Abstentions \_\_\_\_\_; Not Included \_\_\_\_\_

Policy Change: yes \_\_\_\_\_ no \_\_\_\_\_

Date voted on: \_\_\_\_\_

Hey NA Family!

Our quickbooks and bank account balance as of 8/12/2023 is \$7406.26. We did have one check from a group that was returned and a return item fee was charged. I have included all of this in a separate bank statement to show and will get with this homegroup's GSR to let them know.

Brian F met Jason and I at the bank to add us to the bank accounts, during this process we added myself as another Account Executive so that if we have issues in the future there is another person other than Brian that can handle it. We also received clarification on how to change this in the future.

Thank you for letting me serve,

Ashley B

# WELLS FARGO

## BUSINESS CHECKING

**[REDACTED]** Routing numbers

\$7,406.26

\$7,406.26

Available balance

Ending collected balance as of 08/12/23

Show more detail

### Pending Transactions

No pending transactions to view.

### Posted Transactions

Ending Daily Balance  
**\$7,406.26**

Posting Date  
**08/08/23**

⊕ DEPOSITED ITEM RETN UNPAID - PAPER 230808  
08/08/23

\$50.00

⊕ CASHED/DEPOSITED ITEM RETN UNPAID FEE  
08/08/23


\$12.00

Ending Daily Balance  
**\$7,468.26**

Posting Date  
**08/07/23**

⊕ BUSINESS TO BUSINESS ACH INTUIT \* QBOOKS ONL 230806 3219198 CCANA AREA  
08/07/23

\$32.40

⊕ ATM CHECK DEPOSIT ON 08/06 1131 KNOX ABBOTT DR CAYCE SC 0005540 ATM ID 6775E CARD 5054   
08/07/23

+\$581.76

⊕ ATM CASH DEPOSIT ON 08/06 1131 KNOX ABBOTT DR CAYCE SC 0005539 ATM ID 6775E CARD 5054  
08/07/23

+\$50.00

Previous Next

### \* Account Disclosures

Deposit products offered by Wells Fargo Bank, N.A. Member FDIC.

 Equal Housing Lender

# Initiate Business Checking<sup>SM</sup>

July 31, 2023 ■ Page 1 of 4



C C A N A INC  
PO BOX 8743  
COLUMBIA SC 29202-8743

## Questions?

Available by phone **Mon-Sat 7:00am-11:00pm Eastern Time, Sun 9:00am-10:00pm Eastern Time**  
We accept all relay calls, including 711  
**1-800-CALL-WELLS (1-800-225-5935)**  
*En español: 1-877-337-7454*

Online: [wellsfargo.com/biz](https://wellsfargo.com/biz)

Write: Wells Fargo Bank, N.A. (367)  
P.O. Box 6995  
Portland, OR 97228-6995

## Your Business and Wells Fargo

Visit [wellsfargo.com/digitalbusinessresources](https://wellsfargo.com/digitalbusinessresources) to explore tours, articles, infographics, and other resources on the topics of money movement, account management and monitoring, security and fraud prevention, and more.

## Statement period activity summary

Beginning balance on 7/1	\$7,130.30
Deposits/Credits	0.00
Withdrawals/Debits	- 261.40
Ending balance on 7/31	\$6,868.90

## Account options

A check mark in the box indicates you have these convenient services with your account(s). Go to [wellsfargo.com/biz](https://wellsfargo.com/biz) or call the number above if you have questions or if you would like to add new services.

- Business Online Banking
- Online Statements
- Business Bill Pay
- Business Spending Report
- Overdraft Protection

Account number: [REDACTED]

C C A N A INC

South Carolina account terms and conditions apply

For Direct Deposit use  
Routing Number (RTN): 053207766

For Wire Transfers use  
Routing Number (RTN): 121000248

## Overdraft Protection

This account is not currently covered by Overdraft Protection. If you would like more information regarding Overdraft Protection and eligibility requirements please call the number listed on your statement or visit your Wells Fargo branch.





Transaction history

Date	Check Number	Description	Deposits/Credits	Withdrawals/Debits	Ending daily balance
				32.40	7,097.90
				62.50	7,035.40
7/7	<	Business to Business ACH Debit - Intuit - Obooks Ont 230706		43.20	6,927.40
		4627351 Ccana Area		64.80	6,868.90
7/11	1961	Check		58.50	6,868.90
7/13	1962	Check			
7/13	1960	Check			
7/26	1963	Check			
Ending balance on 7/31			\$0.00	\$261.40	

Totals

The Ending Daily Balance does not reflect any pending withdrawals or holds on deposited funds that may have been outstanding on your account when your transactions posted. If you had insufficient available funds when a transaction posted, fees may have been assessed.

< Business to Business ACH: If this is a business account, this transaction has a return time frame of one business day from post date. This time frame does not apply to consumer accounts.

Summary of checks written (checks listed are also displayed in the preceding Transaction history)

Number	Date	Amount	Number	Date	Amount
1960	7/13	64.80	1962	7/13	43.20
1961	7/11	62.50	1963	7/26	58.50

Monthly service fee summary

For a complete list of fees and detailed account information, see the disclosures applicable to your account or talk to a banker. Go to [wellsfargo.com/feefaq](http://wellsfargo.com/feefaq) for a link to these documents, and answers to common monthly service fee questions.

Fee period 07/01/2023 - 07/31/2023  
 Standard monthly service fee \$10.00      You paid \$0.00

The bank has waived the fee for this fee period.

How to avoid the monthly service fee

Have any ONE of the following account requirements

- Average ledger balance
- Minimum daily balance

Minimum required	This fee period
\$1,000.00	\$6,984.00 <input checked="" type="checkbox"/>
\$500.00	\$6,868.90 <input checked="" type="checkbox"/>

C1/C1

Account transaction fees summary

Service charge description	Units used	Units included	Excess units	Service charge per excess units (\$)	Total service charge
Cash Deposited (\$ Transactions)	0	5,000	0	0.0030	
	5	100	0	0.50	

CCANA, Inc.  
 Statement of Activity  
 July 1 - August 12, 2023

	TOTAL
Revenue	50.00
Donations	215.47
A New Perspective	200.00
Hope Hole	116.29
Naturally High	0.00
Next Right Thing	<b>581.76</b>
Rays of Hope	<b>\$581.76</b>
<b>Total Donations</b>	<b>\$581.76</b>
<b>Total Revenue</b>	58.50
GROSS PROFIT	12.00
Expenditures	64.80
Annual Storage Fee	<b>76.80</b>
ASC Miscellaneous	
Treasurer Supplies	62.50
<b>Total ASC Miscellaneous</b>	<b>62.50</b>
H&I	
Literature Order	108.00
<b>Total H&amp;I</b>	<b>108.00</b>
Public Relations (PR)	
Printing of Schedules	<b>\$365.80</b>
<b>Total Public Relations (PR)</b>	<b>\$275.96</b>
<b>Total Expenditures</b>	<b>\$275.96</b>
<b>NET OPERATING REVENUE</b>	
<b>NET REVENUE</b>	

8-13-23

# PR Report

0 people oriented for the phone line.

We are in the works of setting up  
a PR learning Day also a poster  
presentation for the public.

I plan on dropping off some securities  
of transitions, lordac, and Prisma health  
on Monday. Also dropping off our  
business cards with West Cold PD.

We came up with an idea to get  
facilities on a regular email list  
for securities and or other stuff  
if needed.

- thanks for letting  
me serve

-Coleman



Heather Seal <secretary.ccana.asc@gmail.com>

**Fwd: New message from CRNA Contact form Meetings**

1 message

Tue, Jul 25, 2023 at 11:50 PM

**Public Relations Carolina Region of Narcotics Anonymous** <pr.chair@crna.org>  
To: jdryle0527@gmail.com, Chris F <chrisfite@yahoo.com>, Heather Seal <secretary.ccana.asc@gmail.com>, "Kenny T." <kennethmtaylor00@gmail.com>, Lawrence Campbell <lawrence.campbell039@gmail.com>  
Cc: "Kevin C." <webteam.chair@crna.org>

Good evening All -

Please see the message below from The Lexington/Richland Alcohol and Drug Abuse Council | LRADAC  
They are looking for meetings to come into their facility - I do not have specific contacts for H&I in the Columbia, SC area.

Please reach out to Tracy Stroman, information below - and keep PR informed if you need assistance with a presentation to staff. Thank you very much!

**In Loving Service and Best Regards,**

**Carolina Region of Narcotics Anonymous ®**

Karen H. | Public Relations Chairperson (Interim)  
704-779-1059 - cell/text

----- Forwarded message -----

From: **Kevin C** <webteam.chair@crna.org>  
Date: Tue, Jul 25, 2023 at 4:12 PM  
Subject: Fwd: New message from CRNA Contact form Meetings  
To: Public Relations Carolina Region of Narcotics Anonymous <pr.chair@crna.org>

Do you have a contact in Columbia for H&I?

**ILS and Best Regards,**

**Carolina Region of Narcotics Anonymous ®**

**Kevin C | Tech/Web Chair**

[www.crna.org](http://www.crna.org)

Begin forwarded message:

**From:** "crna.org" <info@crna.org>  
**Subject:** New message from CRNA Contact form Meetings  
**Date:** July 25, 2023 at 3:49:32 PM EDT  
**To:** inquiry@crna.org  
**Reply-To:** "tstroman@lradac.org" <tstroman@lradac.org>

Name: Tracy Stroman

Subject: Meetings

Message: Hello,

8/9/23, 3:11 PM

Gmail - Fwd: New message from CRNA Contact form Meetings

I'm Tracy Stroman, Director of Withdrawal Management at LRADAC in Richland County. I am interested in having someone(s) come out and have meetings here in the evenings and/or weekends. Please contact me if this is a possibility.

Thanks,

Tracy Stroman

tstroman@lradac.org

803.726.9300 ext.320

from: tstroman@lradac.org

07/25/2023 3:49 pm

**Carolina Region of NA – Public Relations Subcommittee Meeting**  
**MINUTES – July 23, 2023**

**MONTHLY VIRTUAL MEETING**

Opened with Serenity prayer at 7:03 PM

Twelve Traditions: Rosemary G.

Twelve Concepts: Sam M.

Purpose of the Carolina Regional Public Relations Subcommittee – *Internal Guidelines, Page 1* – Karen H.

**Roll Call:**

Chairperson	Karen H. (Interim)	Greater Pee Dee	
Vice Chairperson	(vacant)	Keep It Simple	Karen H. (RCM)
Secretary	Eric V. (Interim) (A)	Lake Norman	
Alt Secretary	(vacant)	New Hope	
Borderline		N Central Carolina	
Catawba Valley		Port City	Sam M.
Central Carolina		South Coastal	
Central Piedmont		Southern Foothills	Rosemary G. (PR Chair)
Coastal Carolina	Billy F.	Sun City	
GAP		Twin City	
Greater Charlotte		Upper SC	
Greater Columbia		Western NC	Austin B. (PR Chair), Maud B.
Add'l Members:			

**Acceptance of prior month's Minutes – accepted** (Karen apologizes for sending late)

**Chairperson Report**

- Regional Service Committee meeting: July 8<sup>th</sup> in Wilmington, NC
- The RSC BUDGET for the next fiscal year was **passed**
- The proposal **PASSED** to activate a standing subcommittee to plan the Carolina Region Service Symposium (CRSS), to be held in 2024
- Next CRSC meeting will be in Asheville, NC on Saturday, October 14
  
- **Reminder that this subcommittee is in need of the following:**
  - **PR Chair and Vice Chair; Secretary and Alt Secretary**
  
  - **CRNA is registered as Exhibitors** at the Low Country Mental Health Conference:
    - We are all set! Setup is Wednesday, July 26 – to meet at Gaillard Center at 3pm.
    - Exhibit Hall opens at 7:30am on Thursday and Friday
    - We have up to date meeting schedules for the two areas, Port City and South Coastal area; Rosemary bringing Sun City meeting lists.
  
  - **We need to review and update our guidelines.** We have not updated the guidelines since the web-team became their own subcommittee, at least 4 years ago.
    - Set date for Planning Meeting – same as PR meeting, 4<sup>th</sup> Sunday? Or different?
      - Discussion later in meeting – **PLANNING MEETING WILL BE AUGUST 27<sup>th</sup> – Extended time during regular PR meeting**
      - Karen to send Area Planning Tool (PR Handbook, Resource Information)

- Watch for new survey from Southeastern Zonal Forum (SEZF) PR – need to find out what Areas/Regions want in the way of training.
- Additional Needs Guidelines – REINTRODUCE – so that ANY addict seeking recovery feels welcomed. Used Accessibility Guidelines for Virtual Meetings during PR Week event...
  - Sam attended SEZF meeting – was brought up that ASL interpreters used to date will no longer be available; Areas/Regions will need to find their own.
  - Karen: SEZF-Additional Needs Task Force is ready to assist! Already compiling resource list by state, to be provided upon request from Regions or Areas. Sam also mentioned SC School for the Deaf as a resource; most states have a similar school.
- **JUST RECEIVED: NC One Community In Recovery Conference** – March 6-8, 2024 – Embassy Suites in Greensboro, NC – Non-profit exhibitor's fee = \$350. **Contact Twin City/NC Region** – fee has been waived in past years.
  - <https://go.northwestahec.wakehealth.edu/onecommunity>
- **CONCERN:** Received 2 strange emails through PR Chair gmail this week:
  - "Getting Clean" book produced and "approved" by homegroup in Tennessee – linked to treatment website called Narcotics.com
  - Karen alerted WebTeam – confirmed that this is not legitimate, material is rewritten from draft (possibly part of Living Clean) from the 80s. NAWS has been informed and Steve R. should be dealing with contact. Also let Webteam know that Narcotics.com has access to BMLT (open source software through Wordpress) – they will investigate.
  - "Find A Clinic" global medical website sent "congratulations" that the GAP AREA OF NA is now listed on their site. Karen to attempt contact with GAP Area; look for contact info on Find A Clinic website.
- **South East Zonal Forum – PR Task Force:**
  - The SEZF-PR Task Force will now meet the **4th Wednesday monthly at 8pm Eastern time.** You do not have to be an elected PR trusted servant to participate – any PR Enthusiast is welcome! Karen will be absent July 26 due to attending LCMHC.  
**Zoom ID: 898 667 927 (no additional passcode)**

### Area Updates and Upcoming Events

- **Catawba Valley (absent)** – information from previous meeting
  - Catawba Recovery Rally will be held at Catawba Valley Health – September the 9th
  - **Advertisement in the previews prior to a movie starting at a local theatre – up and running! \$60** a month to have 1 - 10-second viewing per showing.
  - Catawba Correctional – orientation, Inside Freedom group.
- **South Coastal**
  - Currently no PR Chair or Area Vice-Chair (to cover) – Sam will help with basics: meeting lists, phoneline. No access to phoneline or email until August.
  - About 35-50 people are getting updated schedules by e-mail. Putting schedules in treatment centers, probation offices, parole offices, and several other facilities.
  - Suggesting to update meeting list by adding QR codes in place of Area service meeting information, to use available document space wisely.
  - Made business cards, but no plan for distribution. Some homegroups doing well with putting different cards in emergency rooms > include separate QR codes for male/female to get a ride to meeting upon discharge.

- **Sun City**

- 4 to 6 people regularly involved with PR. Keeping up about 20 literature racks, keeping it doable.
- Poster/card drives focusing on small towns in Area – easier access to fire department, police, mayor, etc. Also have “business card” magnets with QR codes.
- TUNACON coming on November 3-5 – convention donates literature to the area’s service committees, very helpful and budget-friendly.

- **Western NC**

- Answering question from Sam re: distribution plan for business cards: We are trying to initiate short-term, easy “in-and-out” service tasks > having members take a few cards to one location, their probation officer, etc.
- May have a new person interested for PR.
- Sent letters with business cards to churches in Area, ALL denominations. No way to track responses – Karen mentioned GoogleVoice, simple to set up dedicated number.
- Input from Billy re: bus posters (currently on hold in WNC due to cost) – Coastal Carolina used “empty” space for free as a non-profit – not a permanent, paid spot. Can’t hurt to ask!

- **Coastal Carolina**

- Good participation – about 20 people at last PR meeting!
- Overdose Awareness event at Coastal Horizons – **August 31** – will have booth
- Making new posters – redesigned for busses with QR codes instead of tear-offs.
- H&I services literature rack at treatment center – moving toward business card instead of full-size meeting list, to not take up too much space outside of rack.
- Updating Disaster Contingency Plan – we have agreements with 4 locations where we can meet in case of natural disaster. Well-publicized in our Area.
- Making effort to reach 17 facilities in “void” area with no meetings – meetings tend to “cluster” in a horseshoe around Wilmington, leaving empty areas, not always accessible.
- Preparing for presentation at September event: NC Foundation for Alcohol & Drug Studies (FADS) at UNCW. Have attended annually, training new presenters.

**Lake Norman**

- New H&I meetings at Daymark/CRC in Statesville, NC – Wednesdays, 7pm started July 12!
- MWBR on recruiting and training Phonenumber volunteers – slow going

- **Twin City Area (absent)** - information from previous meeting

- **Combined Unity/Learning Day on July 29<sup>th</sup>**
- **Never Walk Alone on September 16<sup>th</sup>** - big event that is put on jointly by the City of Winston-Salem, the Sheriff’s department and the Police Department.

**\*\*\*AUGUST 27 MEETING to be extended Planning Meeting!**

- **Begin with planning for first hour – be prepared to discuss:**
  - **What we have accomplished in past year+**
  - **What we have done well; what we can improve**
  - **Set priorities and goals for coming year > steps to accomplish**
- **Continue with regular PR meeting after planning session**

Closed with Third Step Prayer at 8:10 PM

**Thank you to everyone who continues to attend the monthly CRNA-Public Relations meeting!**

*Submitted In Loving Service,*

**Karen H.**

**CRNA PR Chairperson (Interim)**



B/2  
Let YOUR Public Relations subcommittee know how we can support PR efforts in your Area! To that end, we continue to provide the following information:

- Check out the "Service Material" page on NA.org:  
<https://www.na.org/?ID=servicesat-service-material>
- All service handbooks and "Basics" guides, including "Virtual Meetings Basics" are available for free download from NA World Services:  
<https://www.na.org/?ID=handbooks-handbook-index>
- NA Virtual Outreach – a great resource for a variety of video tools on YouTube: virtual and hybrid meetings, PR/H&I/Phoneline workshops, presentations, NA history, etc.  
<http://youtube.com/c/navirtualoutreach>
- NA-PR.org – a resource collection that has been compiled for many years. <https://na-pr.org/>

**CRNA-PR SUBCOMMITTEE MEETING: 4th Sunday EVERY MONTH:**

Sunday, August 27<sup>th</sup> at 7:00pm – **EXTENDED PLANNING MEETING**

Sunday, September 24<sup>th</sup> at 7:00pm

Sunday, October 22<sup>nd</sup> at 7:00pm

<https://zoom.us/j/92664345690?pwd=R2pVV3lzUm5oUUlycjRBWGDUDFIdz09>

Meeting ID: 926 6434 5690

Passcode: 109450

To join by phone - Dial by your location

+1 301 715 8592 US (Washington DC)

(Same Meeting ID and Passcode as above)

0 Orders    Order By Item    Shipping Lists    Proprietary Items    Subscriptions

**Shipment Summary**

Order 1    Order Number: 325971732-001    Pick Up Date:  
 The Production And Shipping Time Of Your Order Will Be Determined By The Personalized Options Requested    [View Order Details](#)

**Order Information**

Account #: 12478590    PO Number:  
 Your Order Number is: 325971732    Contact: Heather D. Seal  
 Company Name: CENTRAL COLUMBIA AREA OF NARCO    Contact Phone: (803)973-2864

**Pickup Information**

Once the order has been completed, the store will contact you.  
**Office Depot #2349**  
 1001 HARDEN STREET, SUITE 100  
 COLUMBIA, SC  
 29205  
 (803) 544-0204

**Payment Information**

Credit Card (CARD-G4-7672)  
 Credit Card Number: \*\*\*\*\*

**Order Summary**

Order 1 Order Date: 08/02/2023  
 Pick Up Date: Order Number: 325971732-001

**Description**



**Same Day Business Cards, 3 1/2" x 2", Matte/Gloss, White, Box Of 50**  
 Entered Item # 746243

Your Price/unit	Qty	Available Qty	Total	Comment
\$6.09 / each	4	4	\$24.36	outputFile-169098580

Subtotal: \$24.36  
 Delivery Fee: FREE  
 Taxes: \$1.95  
 Total: \$26.31

[Customer Service](#)

[Company Info](#)

[Resources](#)

[Shipping](#)



Heather Seal <hdseal2@gmail.com>

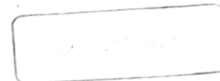
# BLUEHOST ORDER COMPLETE

1 message

Tue, Aug 1, 2023 at 11:31 AM

noreply@bluehost.com <noreply@bluehost.com>  
To: hdseal2@gmail.com

Your Bluehost order has been confirmed.



## Payment Confirmation

Thank you again for choosing Bluehost. Our best-in-class solutions are designed to meet all of your online needs.

Your payment has been confirmed and you're all set to go. Log in to your account here.

### Receipt Details

Invoice Number: 76457963  
Date: 01 August 2023

### Billing Information

Heather Seal  
CCANA  
1513 Abbott Rd  
Cayce, SC 29033

### Payment Details

Payment Method: VISA 7819  
Status: Authorized  
Transaction Type: VISA ending in 7819

## Billing Information

Heather Seal  
CCANA  
1513 Abbott Rd  
Cayce, SC 29033

### Payment Details

Payment Method: VISA 7819

Status: Authorized

Transaction Type: VISA ending in 7819

### Receipt Details

Invoice Number: 76457963

Date: 01 August 2023

Description	Domain	Term	Expiration	Price
Domain Name Registration	centralcarolinana.org	1 year	15 August 2024	\$19.99

### Domain Name Registration

Domain: centralcarolinana.org

Term: 1 year

Expiration: 15 August 2024

Price: \$19.99

Subtotal: \$19.99

Total: \$19.99

**All plans and products automatically renew approximately 15 days before the expiration unless you cancel.** The renewal will be for the same term length and at the regular rates reflected in your Control Panel under My Account. The payment method you provide today, or we have on file, will be used for renewals, unless you change it or cancel. You may cancel at any time by calling customer support at 888-401-4678 or by logging into your account. Please note, if you purchased a Microsoft product, additional Microsoft terms apply.

Bluehost is always dedicated to customer success. We now offer even faster hosting for quicker website load times, improved visitor experience, and better SEO rankings for you.

Check out our Resource Center to get answers to your most pressing website questions, or contact support any time you need.

Your purchase and use of Bluehost products and services are subject to the Terms of Service, Privacy Notice and Cancellation Policy.

Connect With Us



Heather Seal <hdseal2@gmail.com>

# BLUEHOST ORDER COMPLETE

1 message

Mon, Jul 31, 2023 at 11:31 AM

noreply@bluehost.com <noreply@bluehost.com>  
To: hdseal2@gmail.com

Your Bluehost order has been confirmed



## Payment Confirmation

Thank you again for choosing Bluehost. Our best-in-class solutions are designed to meet all of your online needs.

Your payment has been confirmed and you're all set to go. Log in to your account here.

### Receipt Details

Invoice Number: 76436244

Date: 31 July 2023

### Billing Information

Heather Seal

CCANA

1513 Abbott Rd

Cayce, SC 29033

### Payment Details

Payment Method: VISA 7819

Status: Authorized

Transaction Type: VISA ending in 7819

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Description	Domain	Term	Expiration	Price
Plus	centralcarolinana.org	12 months	14 August 2024	\$179.88
Sitelock Security - Lite	deb.zrl.mybluehost.me	1 year	14 August 2024	\$0.00

### Plus

Domain centralcarolinana.org

Term 12 months

Expiration 14 August 2024

Price \$179.88

### Sitelock Security - Lite

Domain deb.zrl.mybluehost.me

Term 1 year

Expiration 14 August 2024

Price \$0.00

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Subtotal: \$179.88

Tax: \$12.59

Total: \$192.47

**All plans and products automatically renew approximately 15 days before the expiration unless you cancel.** The renewal will be for the same term length and at the regular rates reflected in your Control Panel under My Account. The payment method you provide today, or we have on file, will be used for renewals, unless you change it or cancel. You may cancel at any time by calling customer support at 888-401-4678 or by logging into your account. Please note, if you purchased a Microsoft product, additional Microsoft terms apply.

Bluehost is always dedicated to customer success. We now offer even faster hosting for quicker website load times, improved visitor experience, and better SEO rankings for you.

# H&I Facilities & Literature Report

8/27/23

## Literature;

I have served out my term as Literature & Facilities Chair, but wanted to leave the committee fully stocked. I have included the receipt for the last IP order from NAWS (\$189.06). I have also stocked 30ea of the Baby Blue version of the basic text (37.50). I am requesting reimbursement for \$226.56.

## Facilities;

Currently H&I, is supporting meetings to 3 facilities; Morris Village (3 days a week), Freedom House in Sumter, and Waypoint in Orangeburg. I have submitted information on 30 new facilities with no support to carry more. I also have made a motion to drop Morris Village to one day a week (to free up resources) with no support from the H&I committee. In short H&I needs support.

H&I currently needs an Alt Chair (Chair from CCANA), Secretary, & Lit Chair. They have not produced minutes since October 2022. I urge us as a fellowship to devote some resources to supporting H&I,

Thank you for allowing me to serve, it has been very rewarding to work & frustrating. I look forward to continuing to serve as a Panel Member or Panel Leader.

Brian Fisher  
Sight & Sound Inc.  
803-422-9585

# Invoice

NPS-0021240

Brian Fisher  
830 Meeting St  
West Columbia, SC 29169  
USA

USA



ics Anonymous - US  
19737 Nordhoff Place  
hatsworth, CA 91311-6011

30 Baby Blues  
H&I \$3750  
Liq order H&I  
\$189.06  
\$226.56

Customer PO No.	Salesperson	Due Date	Payment Terms
Order No.	Shipment Method	July 23, 2023	CC EBIZ
1002355		Payment Method	Document Date
Shipping Agent Code	Package Tracking No.		July 23, 2023
UPS	1Z99614903939686		
	47		

No.	Description	Shipment Date	Quantity	Unit	Unit Price	Line Amount
3107	IP #7 Am I an Addict?	07/23/23	50	EA	0.25	12.50
3129	IP #29 Intro to NA Meetings	07/23/23	100	EA	0.25	23.00
3113	IP #13 By Young Addicts ...	07/23/23	50	EA	0.33	16.50
3108	IP #8 Just for Today	07/23/23	50	EA	0.25	12.50

Home Page

Phone No.  
818-773-9999

Email  
custserv@na.org



3116	IP #16 For the Newcomer	07/23/23	100 EA	0.25	23.00
3117	IP #17 For Those in Treatment	07/23/23	100 EA	0.33	31.00
3119	IP #19 Self-Acceptance	07/23/23	100 EA	0.25	23.00
3122	IP #22 Welcome to NA	07/23/23	50 EA	0.25	12.50
3106	IP #6 Recovery & Relapse	07/23/23	50 EA	0.25	12.50
	Shipping - Literature 68647	07/23/23	1	22.56	22.56
Subtotal					189.06
Total Tax					0.00
<b>Total \$</b>					<b>189.06</b>

Amount Subject to Sales Tax 0.00  
Amount Exempt from Sales Tax 189.06



## Welcome Home Report

Welcome Home XXVI is right around the corner! Register today and book your room to stay. We still need to book more rooms to meet the room cap requirements! Breakfast and pool included with your hotel stay. We will have a comedy show after the main speaker Saturday night and lanyards are required for entry! We have out of town speakers and are looking for volunteers to chair the workshop and marathon meetings! We are looking for hospitality donations for food if GSR's could talk to home-group members please! Also, if we could get a list of GSR phone numbers today, we will reach out regarding this. The following are the workshops we will have this year: The ties that bind; The only requirement; Understanding anonymity; A two way street; Mental health and recovery; Relapse isn't a requirement; Loving, caring and greater; and From self obsession to self acceptance. In addition of course two main speakers, the comedy show, marathon meetings, activities, food and fellowship. We are really looking forward to reaching the newcomers! Pre-registration is \$20, or \$35 with a t-shirt and will be closed August 15<sup>th</sup>. Registration at the door will be \$25 and t-shirts will be \$20. Please reach out to myself, Charlotte H, Brian F, or Liz E for any questions. Thank you for letting me be of service.

Jess W.

RECOVERY UNDER THE STARS REPORT 8/13/23

Our first meeting will be held August 14 at 6:30 PM. Location will be at the Starbucks on Augusta Road in West Columbia. We have positions open, so please announce at meetings.

Dates for the camp out are September 29 through ~~August~~ <sup>October</sup> 1. Pre-registration has begun.

We do have some camping gear to loan out if someone is in need. Please reach out to Brian F. (803-422-9585) to reserve any gear.

There will be tie-dyeing, rock painting, and out of town speakers! Your registration pays your way for the entire weekend...including food and activities. The park also has hikes and plenty of outdoor options like fishing, canoeing rentals and more.

This is a kid friendly event! Pets are also welcome, but there is a strict leash policy at the campground.

We ask for people to pre-register so we can better be prepared.

Thanks for letting me serve.

Charlotte H. 803-528-2950

## **Web Servant Report 08.13.2023**

- We have submitted our updated policy to Policy and Procedures.
- Website has been updated with the ASC minutes and schedules. The Keepin it Simple meeting every Monday and Wednesday morning is no longer meeting.
- Our website hosting and domain name registration have been renewed. The hosting bills at \$192.47 annually, and the domain name registration bills at \$19.99 annually. We have submitted receipts and are requesting reimbursement in the amount of \$212.46.

**Thank you for allowing me to serve.**

**Chris F.**

# Central Carolina Area of Narcotics Anonymous Guide to Web Page Policy

Created: July of 2023

## Name and Platform

The domain name of CCANA's website is CCA-NA.org or Centralcarolinana.org. Our host is Bluehost.

## Purpose

The purpose of this committee is to maintain the Central Carolina Web page. It is the hope of this committee to foster unity in the form of communication by allowing addicts the ability to find meetings in the Central Carolina Region.

Our web page is a method of tying together/fostering unity and participation and disseminating information throughout the intended Area and the Fellowship at large. An NA web page carries the message both within and outside the fellowship and should be managed and guided accordingly.

## Online Guidelines

The CCANA web site will attempt to make online information available to the largest number of people possible. Our online information will contain our meeting schedule, a calendar of events, NA literature, CCANA ASC minutes, CCANA policy, the CAR report, the regional helpline number, and a link to VirtualNa.org. The Web Page will also provide information and resources for home groups and addicts to contact us, submit reports, meeting changes and events. The Web Page Subcommittee will not publish NA member's personal contact information on the CCANA Web Page without prior consent. This is to include phone numbers, postal and e-mail addresses, and where possible, last names shall be omitted.

The Web page Sub-committee will be responsible for managing the website for CCANA with the following requirements:

- Only current subcommittee members of the Web team will be able make updates to the website.
- The Web page subcommittee, Chairperson will moderate the website.

## Membership

The membership of CCANA Web Committee shall consist of any addict, with the willingness to serve, who has attended two consecutive business meetings.

Any members absent for two consecutive business meetings will have been considered to have voluntarily withdrawn their participation in the Web Committee.

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## Voting and Motions

- Motions are presented in new business.
- Each member shall be entitled to one vote.
- Any member absent for two consecutive business meetings will lose this vote.
- In case of a tie, the chair will vote.

## Officers

The CCANA Web Committee will consist of a Chair, Vice-chair, and Secretary. The criteria for selection of candidates are:

- Working knowledge of the Internet and the WWW (World Wide Web).
- Working knowledge of HTML (Hyper Text Markup Language).
- Internet connection and e-mail
- Working knowledge of the Traditions, Concepts and Steps.
- Being an active member of a NA group in CCANA.

These officers will be accountable to the fellowship of NA and the nominees will have a minimum period of continuous absence as follows:

### Chair

Three years clean.

### Vice-chair

Two years clean.

### Secretary

One year clean

Any officer absent from two consecutive meetings will be considered to have voluntarily resigned. A relapse is also grounds for immediate resignation. Dismissal of an officer for any other reason should be referred to Removal of CCANA Officers in CCANA Policy, located in Appendix B, pages A4-A6.

## Elections

- A nomination for Web Chair will be brought to area in May on each even year, in consideration of it being a two-year commitment. An obvious choice would be Vice-chair.
- Vice-chair and Secretary
  - o A willing addict in CCANA, who has a sponsor and works steps, may be put into one of these positions, considering they meet the other requirements listed under Officers.
  - o In case there are two nominations for one position the committee will take it to a vote; if tied we will pull names from a hat.

## Duties and Responsibilities

1. To respond to all requests for information in a timely manner with the most effective means available.
2. To ensure that all inquiries are directed toward the appropriate Area or sub-committee.

3. To maintain registration for our Domain and Host through Blue host every August.
4. To maintain a close working relationship with all other Boards and committees.
5. Coordinate updating of web page monthly before every ASC meeting.
6. Update meeting information on the BMLT with Region through CRNA.org in a timely manner.
7. Print meeting schedules to bring to CCANA ASC each month.
8. To submit a budget for approval at the August CCANA ASC that includes actual expenses for the past 12 months.
10. To provide the CCANA ASC Treasurer with log-in information, passwords etc. for the website each time they are changed.

## Meeting Format

- Special meetings can be held once all members have been notified and an announcement has been made.
- The secretary will take roll call and minutes and keep records of it.
- Minutes will consist of names of newcomers, reports, old and new business, and group concerns.
- The vice-chair will fill these duties in the secretary's absence.
- The chair will fill these duties in case of the vice-chair and secretary's absence.
- Meetings will be opened and closed with a moment of silence followed by the 'We' version of the Serenity Prayer.



August 2023

**AD Hoc Report on prices for larger storage units and/or digitization of CCANA's records.**

Storage units are available on a first come, first serve basis. What was available when we called may not be available today. If we decide to move to a larger unit, it may not be available immediately.

The average cost for a medium size storage units are as follows:

\$115 for a 10X10

\$140 for a 10X15

**Samples of storage facilities in West Columbia area:**

1. Cube smart rates at West Columbia facility

8X10 - \$75 with promotion; \$100 without promotion.

10X10 - \$85 with promotion; \$107 without promotion.

This is 25% off for the year and is subject to price increase. There is a one-time fee of \$30 and insurance is required. Open spots as of 7/18.

This is a month to month rental

2. Public Storage in Cayce and West Columbia:

10X15 - \$130

10X20 - \$156

One time fee of \$30 as of 7/18

This is a month to month rental

3. Cayce Mini Warehouse

Only medium available as of 7/18 - 10X12 - \$110

Promotion on website of 13% off first month. They could possibly take more off for yearly use.

4. Self-storage at U-Haul in West Columbia

10X10 - \$130

10X15 outdoor unit - \$165

Supposed to be indoor and climate controlled.

August 2023

5. Ample Storage in West Columbia

10X10 - \$120

10X15 - \$165

Includes insurance in price. \$35 one time fee.

**Our current unit is a 5X10 which is \$65 a month. Starting this month (August), they will have larger units available. Their current rates are as follows:**

5X15 - \$80

10X10 - \$100

10X15 - \$115

They offer 10% off for yearly use.

That said, we currently pay \$702 with the 10% discount.

For a 10X15 we would pay \$1242 yearly with the 10% discount, \$540 more a year.

**Digitization of records:**

We roughly have 8-10 banker boxes. A standard price to have a scanning company do around 8-10 banker boxes would cost a couple thousand and about a weeks time.

Viola found a company with an office in Lugoff and they gave a general estimate of \$300 per bank box to scan.

Another option would be to scan it ourselves. This would require a couple of months' time, a lot of volunteers, an industrial type of scanner as well as purchasing software to store and categorize documents. This could cost about as much as having a company do it and the quality would not be as good.

While it would be advantageous to have our documents scanned in to save space and have effective access to said documents, I believe our area should take into account whether we have the funds in our budget to make a purchase of this amount at this time.

Thank you for letting us serve,

Heather F. and Viola C.J.

## House Keeping

8/13/23

I received an update from the Storage Unit; they now require a Disc Style lock on all units. I purchased a new lock at Lowes and made key copies for the various subcommittees. The new lock was installed on 8/12/23 while Welcome Home was retrieving items for the upcoming convention. I am requesting \$53.97 reimbursement for the locks keys (receipt attached).

Thank you for allowing me to serve,

Brian F.



LOWE'S HOME CENTERS, LLC  
 390 HARBISON BLVD.  
 COLUMBIA, SC 29212 (803) 749-1272

- SALE -

SALES#: FSTLAN02 13 TRANS#: 565279032 08-11-23

33287 HM SPIRAL WRIST COIL WITH	10.20
2.68 DISCOUNT EACH	-0.13
4 @ 2.55	
216714 HM SPIRAL WRIST COIL WITH	2.36
2.48 DISCOUNT EACH	-0.12
71891 HM #69 MASTER PADLOCK BRA	15.12
3.98 DISCOUNT EACH	-0.20
4 @ 3.78	
310431 ML 2-3/4-IN DISC LOCK	18.51
19.48 DISCOUNT EACH	-0.97
217357 HM SPIRAL COIL STRAP W RI	3.78
3.98 DISCOUNT EACH	-0.20

SUBTOTAL:	49.97
TOTAL TAX:	4.00
INVOICE 97370 TOTAL:	53.97
LBA:	53.97

TOTAL DISCOUNT: 2.61

LBA: XXXXXXXXXXXXXXXX8407 AMOUNT: 53.97 AUTHCD: 001116

SWIPED REFID:127465 08/11/23 08:22:35

LBA/PO: ccana